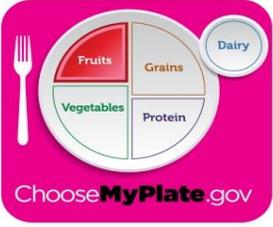


Plumas Lake Elementary Schools

Breakfast

March, 2017

		1	2	3
		Waffle	Breakfast Sausage Sandwich	French Toast
		Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
		Chilled Applesauce and Seasonal Fruit	Raisins and Seasonal Fruit	100% Fruit Juice and Seasonal Fruit
6	7	8	9	10
Whole Grain Doughnut	Breakfast Pizza	Bagelful	Sausage and Pancake on a Stick	Fresh Baked Cinnamon Roll
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
100% Apple Juice and Seasonal Fruit	Orange Smiles and Seasonal Fruit	Chilled Diced Pears and Seasonal Fruit	Fresh Apple and Seasonal Fruit	100% Fruit Juice and Seasonal Fruit
13	14	15	16	17
Muffin Choice	Breakfast Burrito	Waffle	Breakfast Sausage Sandwich	HOLIDAY
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Teacher's Work Day
100% Orange Juice and Seasonal Fruit	Fresh Banana and Seasonal Fruit	Chilled Applesauce and Seasonal Fruit	Raisins and Seasonal Fruit	HOLIDAY
20	21	22	23	24
Whole Grain Doughnut	Breakfast Pizza	Bagelful	Sausage and Pancake on a Stick	Fresh Baked Cinnamon Roll
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
100% Apple Juice and Seasonal Fruit	Orange Smiles and Seasonal Fruit	Chilled Diced Pears and Seasonal Fruit	Fresh Apple and Seasonal Fruit	100% Fruit Juice and Seasonal Fruit
27	28	29	30	31
Muffin Choice	Breakfast Burrito	Waffle	Breakfast Sausage Sandwich	French Toast
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
100% Orange Juice and Seasonal Fruit	Fresh Banana and Seasonal Fruit	Chilled Applesauce and Seasonal Fruit	Raisins and Seasonal Fruit	100% Fruit Juice and Seasonal Fruit

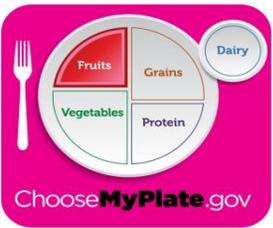
Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

Menu Subject To Change Without Notice

Plumas Lake Elementary Schools

March, 2017

Lunch

		1	2	3
		Chicken Strips	Hamburger	Pepperoni Pizza Sticks
		Grilled Cheese Sandwich	Ultra Bean and Cheese Burrito	Cheese Pizza Sticks
		Steamed Green Beans	Potato Wedges	Marinara Dipping Cup
6	7	8	9	10
Fiesta Nada (Taco Pocket)	Mandarin Chichen and Rice	Chicken Nuggets	Jumbo Corn Dog	Primo Pepperoni Pizza Slice
Cheese Enchiladas	Cheese Quesadilla	Ultra Bean and Cheese Burrito	Fruit and Yogurt Parfait	Primo Cheese Pizza Slice
Black Beans	Roasted Carrots	Corn Cob	Seasoned Curly Fries	Hot Peas
13	14	15	16	17
Mac N Cheese and Corn Bread	Chicken Taquitos	Popcorn Chicken	Spaghetti with Meat Sauce and Garlic Bread	HOLIDAY
Sunflower Butter and Jelly Sandwich with Cheese Stick	Grilled Cheese Sandwich	Pretzel Bites with Cheese Dip	Spaghetti with Red Sauce and Cheesy Breadstick	Teacher's Work Day
Steamed Green Beans	Smooth Refried Beans	Roasted Sweet Potatoes	Roasted Corn	HOLIDAY
20	21	22	23	24
Nacho Pack	Teriyaki Chicken and Rice	Mini Corn Dogs	Chicken Sandwich	Stuffed Crust Pepperoni Pizza Slice
Cheese Quesadilla	Ultra Bean and Cheese Burrito	Sunflower Butter and Jelly Sandwich with Cheese Stick	Grilled Cheese Sandwich	Stuffed Crust Cheese Pizza Slice
Salsa Cup	Baby Carrot Pack	Tasty Tator Tots	Roasted Broccoli	Steamed Green Beans
27	28	29	30	31
Spaghetti with Red Sauce and Cheesy Breadstick	Beef Crunchy Tacos	Chicken Strips	Hamburger	Pepperoni Pizza Sticks
Italian Calzone	Cheese Quesadilla	Grilled Cheese Sandwich	Ultra Bean and Cheese Burrito	Cheese Pizza Sticks
Roasted Broccoli	Smooth Refried Beans	Steamed Green Beans	Potato Wedges	Marinara Dipping Cup

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

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